



AVOCADO COLESLAW

MAKES 5 SERVINGS

Ingredients:

- 1 bag broccoli slaw or chopped red and green cabbage
- 1 avocado
- 2 Tbsp lemon juice
- 1 Tbsp olive oil
- 2-3 cloves garlic, minced
- 2 Tbsp mustard (can use stone ground, dijon, or yellow)
- Ground pepper and salt to taste
- 1-2 tsp onion and/or garlic powder

Directions:

Place slaw in a bowl. In a separate bowl or food processor blend all other ingredients until smooth. Pour avocado mixture over the slaw and mix thoroughly. Chill in the refrigerator. Serve cold.